A day in the life of a peering coordinator
Morning

- 8:00 AM - Wake up, shower
- 9:00 AM - Coffee, breakfast
- 10:00 AM - Arrive office, coffee
- 10:30 AM - While commuting and drinking coffee, read news about Trinidad and Tobago
- 10:45 AM - Go to netflow tool and get traffic from ASNs in Trinidad. More coffee
- 12:00 PM - Have a list of ASNs with more traffic in Trinidad to my network
Mid day and afternoon

- 12:30 PM Lunch and ... coffee
- 1:00 PM Go to PeeringDB and look for contacts.
- 1:10 PM Found some, the rest I need to use whois or other info.
- 4:00 PM Found the rest, still some I could never offer a cache or being able to peer. Money lost for both. Coffee to drawn the sadness
Evening

- 4:00 PM Receive an email requesting a cache, but traffic is too low. I see other small ISPs in the same region and I recommend them to get together to share one.
- 4:30 PM I send emails, do phone calls. Explain caches and peering and I make some agreements. More coffee
- 5:30 PM Small ISPs (4:00 PM) got together and agree to share a cache. That was fast!!! I approve. A coffee to celebrate
Night

- 6:30 PM Still cannot find some contacts. So bad that they are not using PeeringDB. More coffee
- 7:30 PM Go home
- 8:30 PM Dinner
- Very late, after so much caffeine I finally fall asleep

Source: https://www.oneclickroot.com/reviews/how-to-get-a-better-nights-sleep-using-your-android/